

INDIANA  
WESLEYAN  
UNIVERSITY

WILDCAT  
ATHLETICS



Student-Athlete  
Handbook

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Dear Wildcat,

I want to take this opportunity to thank you for choosing to be a part of our athletic program this year. Each and every one of you are important to our program as you make positive and significant achievements that better yourself and our University. I trust you realize the benefits you are receiving as well by being a part of the Wildcat Athletic teams. It is a privilege to be a part of Indiana Wesleyan University via athletics in addition to your own individual academic and spiritual pursuits.

In preparation for this academic year we want you to train, mature, and increase your mental intensity for the upcoming sports season. This year can be our best year ever for IWU athletics if we bond together in a concerted effort to be all that God wants us to be. That means in academic endeavors, athletic achievement, and spiritual development. I would ask that each of you review our community lifestyle expectations (student handbook) in preparation for this year so that your awareness is elevated.

We ask that you represent all that the IWU Christian-student-athlete philosophy stands for. I realize that some of you have not made a profession of faith, but I urge you to stay open and keep seeking the right answers for life and eternity. As you mature and remain teachable the Christian-student-athlete concept will become more meaningful.

We want each of you to better understand what IWU athletics is all about and what your responsibilities are in the total process. This handbook was prepared to make you more aware of what our program is all about. We trust it will be a helpful tool as you chart your total career as a Wildcat University student. My office is always open to help you in any way I can.

Take care and have a great season and a great academic year!

In His Service,

A handwritten signature in blue ink that reads "Michael Fratzke". The signature is written in a cursive style with a large, looped "F" and "Z".

Dr. Mike Fratzke, Ed.D.  
Director of Athletics

MJF/mb

### Student-Athlete Profile

The teams at Indiana Wesleyan University tend to be very competitive at the conference level. The NAIA regional and national levels have become more familiar to wildcat athletes in recent years. We now have team competition at both the NCCAA and NAIA national levels. National Championships have been garnered in Volleyball, Women's Basketball & Soccer, Track & Field, Golf, Men's Basketball and Women's Tennis.

The MCC, the NCCAA, and the NAIA all offer opportunities to be recognized for athletic and academic excellence.

The NAIA and MCC allow for plenty of World Changing impact. There is opportunity for a strong Christian witness in these arenas. The NCCAA allows for Christian growth opportunities and fellowship among other believers. The NCCAA events seem to be well received and appreciated by our Christian athletes.

In relation to the individual athletes the typical IWU athlete is a good student diligent in his/her studies, committed to an ongoing spiritual formation, and has a strong work ethic in their respective sports. We continue to get higher academic students each and every year. The percentage of Christian to non-Christians on respective teams has definitely been skewed to the Christian factor. All in all we have an improving Christian-student-athlete world-changing model of person, adding value to the overall Indiana Wesleyan University community.

***GO WILDCATS!***

## **INDIANA WESLEYAN UNIVERSITY MISSION STATEMENT**

Indiana Wesleyan University is a Christ-centered academic community committed to changing the world by developing students in character, scholarship, and leadership.

## **INDIANA WESLEYAN UNIVERSITY VISION STATEMENT**

Indiana Wesleyan University will prepare each student to become a world changer. We will accomplish this by drawing students into an integrated experience of intellectual challenge, spiritual growth, and leadership development. Thus we will:

- call students to Christian character;
- expect academic excellence;
- equip them for success in their vocations;
- mentor them in leadership;
- prepare them for service.

This vision will be operationalized through transformational strategies so that it becomes:

- a powerful message to our students;
- a way of building positive student self-image and Christian character;
- the basis for integrating faith with learning and living;
- an integrated theme in all our programs;
- the focal point for a student-centered campus experience which integrates spiritual, educational, and leadership development;
- the lens we use for faculty recruitment and development;
- a new way of thinking about who our distinguished alumni are; and
- a basis for rethinking how we relate to our alumni.

## **INDIANA WESLEYAN UNIVERSITY CORE VALUES**

The primary value for Indiana Wesleyan University is Christ likeness. The challenge to follow Christ compels us to pursue a personal and professional life-style of:

- Commitment
- Learning
- Serving
- Stewardship

***WHAT YOU ARE IS GOD'S GIFT TO YOU AND WHAT YOU  
DO WITH WHAT YOU ARE IS YOUR GIFT TO GOD.***

George Foster, Major League Outfielder

## World Changing Outcomes

*Mission: Indiana Wesleyan University is a Christ-centered academic institution committed to changing the world by developing students in character, scholarship, and leadership.*

A World Changer is a servant leader who exhibits:

### 1. Knowledge

- a. **BASICS OF THE CHRISTIAN FAITH:** A knowledge of the basic themes and truths of the Old and New Testaments and the basic beliefs of Christianity; an awareness of Bible-based morality and social responsibility; and a reasoned understanding of a Christian worldview and the meaning of salvation as expressed in evangelical Christianity.
- b. **LIBERAL ARTS FOUNDATION:** A solid grasp of the general studies that have been associated with a liberal arts education.
- c. **COMPETENCY IN A DISCIPLINE:** Competency in at least one major discipline of the University curriculum.
- d. **INTEGRATION OF KNOWLEDGE:** The integration of knowledge with the Christian faith and across academic disciplines.

### 2. Skills

- a. **CREATIVITY:** Making new connections between various bodies of information.
- b. **CRITICAL THINKING:** Analyzing information in order to determine the validity of competing truth claims, and to solve problems.
- c. **COMMUNICATION SKILLS:** Reading critically, writing clearly, and communicating effectively.
- d. **SELF-DISCIPLINE:** Demonstrating habits of correction or regulation of oneself for the sake of improvement.
- e. **LEADERSHIP:** Taking action to effect change by mobilizing others to accomplish a shared vision.

### 3. Dispositions (Beliefs and Attitudes)

- a. **COMMITMENT TO TRUTH:** A commitment to the search for Truth as revealed in the Bible and in God's created order.
- b. **LIFELONG LEARNING:** A commitment to discovering and processing information in preparation for a life of learning.
- c. **HUMAN WORTH:** The belief that God created all life and therefore all people have worth.
- d. **INCLUSION:** The willingness to interact with persons of different perspectives and cultures without surrendering a commitment to truth.
- e. **STEWARDSHIP:** The belief that the created order is a trust from God and a commitment to the wise use of all the resources of life.
- f. **LIFE CALLING:** The confidence of an overriding purpose for one's life based on a relationship to God, an understanding of self, and a personal response to the needs of the world.
- g. **AGENTS OF CHANGE:** A commitment to change the world for Christ.
- h. **SERVANTHOOD:** A commitment to meet the needs of others before one's own self interests.

**INDIANA WESLEYAN UNIVERSITY**  
**World Changing Philosophy of Athletics**

The Indiana Wesleyan University Athletic Department is committed to changing the world. This will be accomplished through a program of excellence in the areas of Christian character, achievement, scholarship, leadership, and integrity that other universities will seek to emulate.

The intercollegiate athletic program parallels other Indiana Wesleyan University departments and program in promoting the development of character, scholarship, and leadership. It performs a unique role in enhancing the world changing philosophy through success in athletic competition.

This philosophy becomes a reality as the program is conducted in accordance with the following objectives:

1. To develop the individual student-athlete to his/her fullest potential, athletically, academically, spiritually, and socially;
2. To encourage athletic participation which enhances the spiritual and educational goals of the university;
3. To develop personal discipline through athletics which is useful as a lifelong experience;
4. To provide the student-athlete with the opportunity to answer the call of Christian character and service;
5. To develop loyalty and ‘esprit de corps’ within the university community through athletics;
6. To compliment the educational process through providing the valuable experience of competition for each student-athlete;
7. To recruit and retain world changing students who desire athletic participation in the Christian university setting;
8. To partner with the university in developing a renowned reputation for excellence in character, scholarship, and leadership.

The Administrative Council, under the direction of the CEO, provides the necessary support, resources, and direction enabling the Athletic Department to implement a world changing philosophy and achieve its inherent goals. These goals guide the department in establishing a level of excellence that would be recognized nationally in the areas of athletic achievement, scholarship, character, and leadership. Therefore, IWU will strive to develop and maintain a championship level program. In order to accomplish this level of success, and appropriate level of support will be provided in budget, scholarship, public relations, staffing, marketing, and facilities.

## IWU INTERCOLLEGIATE ATHLETICS

1. **Admissions:** All students are admitted to Indiana Wesleyan University under the same admission standards and procedures;
2. **Balance:** The intercollegiate athletic program will contribute, and in no way minimize participation of the student community in intramural programs; that athletic programs will provide equal opportunity and emphasis in both men's and women's sports;
3. **Standards:** Every effort is made to present and maintain Christian standards in intercollegiate athletic activities;
4. **Academics:** All student athletes are expected to fulfill the academic requirements and regulations of Indiana Wesleyan University; that eligibility rules of the university, affiliated professional organizations, and the athletic conference will be followed scrupulously;
5. **Recruiting:** Student athletes will be recruited who fully understand and are sympathetic with the standards and lifestyle expected at Indiana Wesleyan University;
6. **Student-Athlete Financial Aid:** Athletic Service Grant and/or Grants, based on a combination of financial need and demonstrated athletic ability, may be awarded through the Athletic Director and Financial Aid Committee;
7. **Standards of Conduct and Discipline:** Any student who actively participates in the Indiana Wesleyan intercollegiate athletic program adheres to particular standards of conduct, appropriate disciplinary action will occur after the student athlete has been given a hearing. In all cases involving possible athletic suspension, the Vice President for Academic Affairs and the Vice President for Student Development will be fully apprised of the situation;
8. **Awards:** Appropriate awards will be given by the university for outstanding intercollegiate athletic achievement. The conditions and nature of the awards are under the immediate supervision of the Director of Athletics;
9. **Scheduling:** Athletic contests are scheduled to achieve the following: a) maintenance of regular class whereby absences involving athletic contests do not become excessive, b) reasonable level of competition, and c) maintenance of budgetary limitations. No intercollegiate athletic contests or practices are scheduled on Sundays;
10. **Competition:** Athletic competition should be with institutions having similar educational philosophies, policies, and practices;
11. **Post-Season Play:** A team may participate in post-season play under the following considerations: a) the impact of additional athletic contests on the academic involvement of the student athletes participating, and b) available funding for expenses;
12. **Budgeting:** The Athletic Director is responsible for preparing and supervising all athletic budgets under the general supervision of the Vice President for Financial Affairs and the Vice President for Academic Affairs;
13. **Professional Affiliations:** The University is affiliated with the National Association of Intercollegiate Athletics (NAIA), the National Christian College Athletic Association (NCCAA), and the Mid-Central Collegiate Conference (MCC) to compliment the overall educational purposes of the institution while at the same time providing challenging and meaningful competition for both men and women.

**ADMINISTRATIVE PURPOSES**  
(Administration, Athletic Director, Coaches)

The Administration shall:

1. ...realize the total intercollegiate athletic program is the full responsibility of the chief executive officer of the university.
2. ...carry out the overall mission of the university through the vehicle of intercollegiate athletics.
3. ...maintain integrity by adhering to the university's scholarly, ethical, social, and moral standards.
4. ...provide qualified and interested students with an opportunity to participate in a well-rounded schedule of intercollegiate athletic competition.
5. ...conduct athletic contests when feasible, between Indiana Wesleyan University and various colleges of approximate likeness in size, structure, and philosophy.
6. ...recruit with the Christian-student-athlete philosophy perspective.
7. ...assist in bringing the name of Indiana Wesleyan University before the Marion Community, Grant County, and the general public as an institution of higher learning worthy of recognition.
8. ...offer an opportunity for students, faculty, staff, alumni, and administration to witness and enjoy good wholesome intercollegiate athletic competition.
9. ...provide the Indiana Wesleyan University community with a rallying point and develop an "esprit de corps".
10. ...secure the utmost protection for athletes while engaging in competition and travel related to athletics, thus providing proper equipment, playing conditions, supervision, and attention.

## ATHLETE PURPOSES

The Student Athlete shall:

1. ...grow in Christ-likeness through the coaches, fellow players, staff, and spectators;
2. ...learn obedience - God, parents, coaches, teammates, and officials;
3. ...develop priorities and practices in disciplining one's life that are consistent with Biblical principles;
4. ...learn teamwork and group decision making as well as personal sacrifice in reaching common goals;
5. ...avoid the world's system of success and in its place put the joy and ministry of a quality of competition (life) that comes from proper Biblical motivation;
6. ...aid in providing the Indiana Wesleyan University community with a rallying point and to develop a school spirit;
7. ...strive to excel and develop a keen desire to do so;
8. ...want to do their best rather than be the best;
9. always play fairly and according to the spirit of the rules believing that athletics contribute to character and personality development;
10. ...assess his or her own self-concept honestly;
11. ...learn to know and manage one's strengths and weaknesses and test the limit of his or her abilities;
12. ...encourage physical skill development and emotional control; to foster good sportsmanship, school spirit, and loyalty;
13. ...develop strength, coordination, and cardio respiratory fitness necessary for the sport and as a precursor to a lifetime program of fitness.

***I ONLY PLAY WELL WHEN I'M PREPARED. IF I  
DON'T PRACTICE THE WAY I SHOULD, THEN  
I WON'T PLAY THE WAY I KNOW I CAN.***

Ivan Lendl, Professional Tennis Player

## WHAT IS AN ATHLETE?

The athlete plays because of an interest in the game and the enjoyment of playing, and because through playing he/she may be of service to others and become a better person. Awards, prestige, public acclaim, newspaper write-ups are incidental.

As a member of the great fraternity of athletes there are certain responsibilities and obligations. First, one must be a good ambassador for the group and second, one must be a good example for those who look up to him/her.

An athlete considers it a privilege to play for a university and recognizes that only because of much money, time, and effort is this privilege made available.

The good of the team is placed above his/her own selfish good. Individual scoring records and attainments are only worthwhile as they help the team.

Instructions of the coach are closely followed, yet at the time there is a constant awareness of possible improvements in the techniques and strategy used. When a good possibility appears it is discussed with the coach, preferring not to try to appear smarter than the coach by presenting it to teammates first.

An athlete feels that team unity is of paramount importance, and when it is jeopardized by a poor attitude or misunderstanding on his/her part, it is immediately taken up with the coach. Discussing faults of the coach and other team members with close friends can do no possible good.

An athlete reports for every practice session that is humanly possible to attend. Practice of sports skills is next in importance only to spiritual welfare and education. He/she always reports on time and in the proper frame of mind to make the session worthwhile.

A full measure of effort is always given in practice and in a game. This is the mark of a good athlete and not necessarily the level of natural ability.

An athlete has respect for the property of others and for what is held in common ownership with others. Equipment is cared for and returned in good shape when finished, even though he/she may not specifically be charged with it. He/she is careful not to abuse the locker and playing facilities.

An athlete has respect for and is courteous to opponents, though never afraid of feeling inferior.

He/she possess confidence in the ability to perform, but is not repulsive in self-confidence by being cocky. Performance is sufficient and needs not be reinforced with oratory.

An athlete expects to be treated as any other student and does not look for favoritism or special consideration from a coach or any teacher because he/she knows that getting an education is the prime reason for being in school and that a good athlete needs a keen mind.

**THIS IS AN ATHLETE!**

## **MEMBERSHIPS**

Indiana Wesleyan University is a member of the National Association of Intercollegiate Athletics (NAIA) and abides by all rules and regulations set forth in the constitution and by-laws of this organization.

IWU is also a member of The National Christian College Athletic Association (NCCAA) an organization that promotes athletic competition, Christian fellowship, evangelism, and discipleship among its various members. Indiana Wesleyan University has been intricately involved in the growth and development of this organization. IWU abides by all the rules and regulations set forth in the constitution and by-laws of this organization.

The university holds membership and participates in the Mid-Central Collegiate Conference (MCC) and abides by all the rules and regulations set forth in the constitution and by-laws of this organization. The MCC is an affiliated conference of the NAIA. Institutional members of the conference are:

Bethel College Pilots  
Goshen College Maple Leafs  
Grace College Lancers  
Huntington University Forresters  
Indiana Wesleyan University Wildcats  
Marian College Knights  
Spring Arbor University Cougars  
St. Francis University Cougars  
Taylor University Trojans

## **ATHLETIC SCHOLARSHIPS**

Indiana Wesleyan University believes that in order to compete at the level which is desired, student-athletes should receive athletic scholarships. Athletic scholarships are awarded by the coach of each sport at his/her discretion. Total scholarship amounts vary from sport to sport.

Individual athletic scholarships vary in amount among student-athletes. No student-athlete should assume that the amount of his/her scholarship reflects his/her value to the coach and/or team. A coach must take into consideration all forms of financial aid when awarding an athletic scholarship so that the total financial package is mutually beneficial to the student-athlete and the university.

Athletic scholarships are awarded on an annual basis unless special arrangements have been made in writing between the student-athlete and the coach. Any such special arrangements must be approved by the Athletic Director and on file in his/her office.

Certain conditions apply to the IWU Athletic Service Grant Scholarship. It is important that each student-athlete know the conditions under which an athletic scholarship can be terminated. They are listed on the contract and are shown on the next page for emphasis.

***The athlete agrees...***

- 1) ... to maintain academic eligibility throughout the term of his/her participation in IWU athletics by both Indiana Wesleyan University ("IWU") and National Association of Intercollegiate Athletics standards.
- 2) ...to fully participate, to the best of his/her ability, in all activities of their respective team, including team meetings, conditioning, workouts, practices, games, matches, tournaments and all related requirements of the coach, whether these activities occur before, during or after the season.
- 3) ... and understands that any violation of the above requirements, without the coach's express permission, may result in discipline, up to and including suspension from further athletic participation and/or reduction or revocation of the entire amount of this grant.
- 4) ... that s/he has received, read and understood the IWU Student-Athlete Handbook, the IWU Student Handbook and the IWU Catalog and any questions s/he may have had were answered to his/her satisfaction. The athlete further agrees to each and every term in said publications.
- 5) ... and understands that failure to abide by the then current terms and standards in said publications may result in discipline up to and including, expulsion from the university, suspension from athletics and/or the revocation of this grant.
- 6) ... and understands that, in the event of a reduction or revocation of a Grant, any amount so revoked or reduced will be added to their bill and will become due immediately. Further, that their transcripts will be put on hold and will not be released to any other institution, employer, agency or person until the bill is paid in full.
- 7) ... to be representative of the mission of Indiana Wesleyan University, which mission s/he understand and accepts.

Furthermore, it is the belief of the IWU Athletic Department that athletic scholarships are a means to an end. Our goal is to have a 100% graduation rate among our student-athletes who compete for four years in intercollegiate competition. Obviously, athletic scholarships are mutually beneficial to both parties. We seek quality student-athletes who are not looking for the "best deal" but who genuinely wish to attend Indiana Wesleyan University.

## ELIGIBILITY REQUIREMENTS

As a member of the NAIA, NCCAA, and MCC, to be eligible to represent IWU in any intercollegiate game, match, scrimmage, the student-athlete must meet the following guidelines:

1. **YOU MUST**, if an entering freshman\*, meet two of three entry level requirements:

\*An entering freshman is defined as a student who, upon becoming identified with an NAIA institution, has not been previously identified with an institution of higher learning for two semesters or three quarters (or equivalent).

- (a) Achieve a minimum score of 18 on the ACT or 860 on the SAT. Tests must be taken on a national testing date (residual tests are not acceptable). Scores must be achieved on a single test.
- (b) Achieve a minimum overall high school grade point average of 2.000 on a 4.000 scale.
- (c) Graduate in the top half of your high school graduating class. The ACT/SAT test must be taken on a national testing date and certified to the institution prior to the beginning of the term in which the student initially participates.

2. **YOU MUST** be making normal progress toward a recognized baccalaureate degree and maintain the grade points required to remain a student in good standing, as defined by the institution you are attending.

3. **YOU MUST** be enrolled in a minimum of 12 institutionally-approved or required credit hours at the time of participation. Should participation take place between terms, you must have been identified with the institution the term immediately preceding the date of participation.

4. **YOU MUST**, if a second-term freshman, have accumulated a minimum total of nine institutional or required credit hours **BEFORE** identification for the second term of attendance.

5. **YOU MUST** have accumulated a minimum of twenty-four (24) institutional or required credit hours the two immediately previous terms of attendance. Up to 12 institutional credit hours earned during the summer and/or non-term may be applied to meet the 24-hour rule, provided such credit is earned **AFTER** one of the two immediately previous terms of attendance.

6. **YOU MAY NOT** count repeat courses previously passed in ANY term toward the 24 credit-hour rule. In certain instances repeat courses may count toward the 12 hour enrollment rule; see your athletics director or faculty athletics representative for more specific information.

7. **YOU MUST** be eligible in your own conference.

8. **YOU MUST**, if a transfer student from a four-year institution, have eligibility remaining at the institution from which you are transferring to be eligible for further intercollegiate competition.
9. **YOU MUST**, if a transfer student having ever participated in intercollegiate athletics at a four-year institution, reside for 16 consecutive calendar weeks (112 calendar days), not including summer sessions, at the transferred institution before becoming eligible for intercollegiate competition in any sport in which you participated while attending the previous four-year institution. Exceptions to the 16 calendar-weeks residency will be explained by the institution's faculty athletics representative.
10. **YOU MUST** be within your first 10 semesters, 12 trimesters, or 15 quarters of attendance as a regularly enrolled student. A term of attendance is any semester, trimester or quarter in which you enroll for nine or more institutional credit hours and attend any class. (Summer sessions are not included, but night school, extension or correspondence courses are applicable to this ruling.)
11. **YOU MUST**, upon reaching junior academic standing as defined by the institution, have a cumulative grade point average of at least 2.000 on a 4.000 scale as certified by the institutional registrar.
12. **YOU MUST**, to participate the second season in a sport, have accumulated at least 24 semester/36 quarter institutional credit hours.
13. **YOU MUST**, to participate the third season in a sport, have accumulated at least 48 semester/72 quarter institutional credit hours.
14. **YOU MUST**, to participate the fourth season in a sport, have accumulated at least 72 semester/108 quarter institutional credit hours. These hours must include at least 48 semester/72 quarter hours in general education and/or your major field of study.
15. **YOU MAY NOT** participate for more than four seasons in any one sport. A season of competition is defined as participation in one or more intercollegiate contests, whether as a freshman, junior varsity or varsity participant, or in any other athletic competition in which the institution, as such, is represented during a sport season.
16. Should you participate for two different institutions in the same sport, in the same academic year (example - basketball or fall golf at a junior college and then transfer to an NAIA school and participate in basketball or spring golf), you shall be charged with a second season of competition in that sport unless you earned an associate degree at a junior college in the term immediately preceding the transfer.

17. **YOU MUST** be an amateur, as defined by the NAIA, in the sport(s) in which you participate. See your athletics director or faculty athletics representative for all amateur regulations as printed in the NAIA Bylaws.

18. **YOU MUST**, to participate the third and/or fourth season in a sport, have and maintain a total cumulative grade point average of at least 2.000 on a 4.000 scale.

***I USE THE WORD HUNGRY TO DESCRIBE WHAT I MEAN WHEN  
I TALK ABOUT DESIRE. BEING HUNGRY PROVIDES YOU WITH  
THE PHYSICAL AND MENTAL ENERGIES NECESSARY FOR  
SUCCESS. THE SACRIFICES THAT ARE NECESSARY  
BECOME EASIER WHEN ONE PLACES A GOAL OR  
OBJECTIVE AT A HIGH LEVEL.***

Ara Parseghian, College Football Coach and Sports Broadcaster

## **HARDSHIPS**

**HARDSHIPS** deal only with seasons of competition. A hardship request is a request for an exception to the season-of-competition regulation (see Item 15 on previous page). Hardship requests will be considered only if the following criteria are met.

1. The injury or illness is beyond the control of the student-athlete and/or coach, and incapacitates the student-athlete from competing further during the season. Verification by an M.D. or D.O. is required.
2. The athlete shall not have participated in more contests or dates than the Association's allowable number in any sport recognized by the NAIA during the school year. Contact a member institution for the number per sport.
3. Participation after being examined by a physician and before receiving written medical clearance shall nullify hardship consideration.

If you were granted a hardship at a previous (non-NAIA) institution, the request must be resubmitted by an NAIA institution.

## **NAIA HANDBOOK**

Remember, athletes, as well as member institutions, are responsible for knowing and abiding by NAIA rules and regulations as outlined in the **NAIA Official Handbook**. Violations of any eligibility regulations by you, as an athlete shall:

1. Make you ineligible, resulting in your immediate withdrawal from intercollegiate competition in that sport for that season;
2. find you charged with a season of competition and a term of attendance for participating;
3. cause an investigation by the NAIA National Eligibility Committee that could charge you with a second season of participation or the loss of all future eligibility for playing while ineligible;
4. disallow any honors, or consideration of such honors, awarded by the NAIA; and/or
5. cause your institution to forfeit all contests in which you participated.

The material presented is not to be construed as a complete listing of all rules and regulations of the NAIA, but rather as a guide to assist athletes and institutional representatives in becoming more knowledgeable. All NAIA eligibility regulations are published in the NAIA Official Handbook. See your athletics director or faculty athletics representative for further information.

***DO NOT LET WHAT YOU CANNOT DO  
INTERFERE WITH WHAT YOU CAN DO.***

John Wooden, College Basketball Coach

## IWU ATHLETIC EQUIPMENT

The proper care of equipment, especially that belonging to the college athletic department, is one of the most abused aspects of an athletic program. It is necessary that each person involved be responsible and use good judgment in handling and utilizing equipment.

1. Student-athletes are not allowed in the equipment storage room unless accompanied by a member of the athletic staff.
2. Each student-athlete is responsible for university-owned equipment assigned to them while in their possession. This is especially important for uniforms. The student-athlete maintains responsibility for their uniform until it is submitted for laundering. All uniform components must be properly checked and accounted for at the time of laundering.
3. Personal practice gear will be laundered on a daily basis. It is recommended that each student-athlete use a mesh laundry bag secured by a pin.
4. Student-athletes who lose university-owned equipment while in their possession or who do not return equipment at the end of the season will have the cost charged to their student account.

## ATHLETIC AWARDS SYSTEM

**First Year** - Each lettering athlete will receive a first year certificate which recognizes the season of competition and the sport participated in. In addition to the certification each athlete receives the Indiana Wesleyan three-dimensional red and gray block letter "I". Down the center part of the red "I" is the word "Wesleyan" in gray lettering.

**Second Year** - The lettering athlete will receive a 5" X 7" wood plaque titled a Two Year Varsity Award. The name Indiana Wesleyan University and Wildcats is printed on the plaque. The name plate on this award includes the player's name, the year of competition, and the sport.

**Third Year** - A pen set with the University seal placed on the base serves as the third year award. The player's name, sport, and year are identified.

**Fourth Year** - A person lettering all four years in one sport receives a 12" X 16" Senior Certificate. On this certificate are the Wildcat head and Wildcat paw representing the Indiana Wesleyan University Mascot. The sport(s) participated in and the individual accomplishments of the player are hand lettered in a designated area. These senior certificates are signed by the President, Faculty Athletic Representative, a Coach, and the Director of Athletics.

**Special Awards** - Each sport gives up to four special recognition awards to individual team members. In most cases, but not all, these are voted upon by team members of the respective sports.

**Athletic Director's Award** - This award is given by the Director of Athletics to an individual who has made an outstanding contribution to the overall goals and philosophy of the Indiana Wesleyan University athletic program. Any person is eligible whether a faculty member, coach, administrator, friend of the University, or student-athlete.

**Outstanding Performer Award** - This award recognizes the outstanding male and female athlete for the current academic year. The athlete's career will also be taken into account. Other considerations include conference, district, national, academic, and athletic awards. The compatibility of the athlete and the Indiana Wesleyan University athletic philosophy will also be considered. Typically, reserved for seniors, it is possible for an underclassman to receive the award. The recipients are voted upon by the athletic department.

**Academic Certificates** - Academic Award Certificates are given to those students who have achieved a 3.0 grade point average during a single semester. Academic Certificate III is awarded to those students who have completed three semesters with a 3.0, Academic Certificate V to those who have completed five semesters with a 3.0 and an Academic Certificate VII to those student-athletes with seven semesters of at least 3.0 academic work.

**Senior Scholar Athlete Award** - The Senior Scholar-Athlete Award will be presented annually to that athlete, having earned more than 99 semester hours prior to the Spring semester of the award presentation, who attains the highest cumulative grade point average. Judging will be based on all work through Fall term preceding the spring semester of the award presentation. At least half of this work must have been taken at IWU. The minimum requirement for this award is a cumulative grade point average of 3.20.

The recipient must have earned at least one varsity letter in the academic year of the award presentation. In case of a tie, special consideration will be given to the athlete earning a varsity letter in more than one sport.

The recipient will be determined through information given to the Faculty Athletic Representative via the records office.

**Freshman Scholar-Athlete Award** - The Freshman Scholar-Athlete Award will be presented annually to that athlete, having earned at least 14 semester hours, but not more than 28 semester hours prior to the spring of the award presentation, who attains the highest cumulative grade-point average. The grade point average will be based on all work through the Fall term preceding the spring semester of the award presentation. All of this work must have been completed at IWU. The minimum requirement for this award is a cumulative grade point average of 3.0.

The recipient will be determined through information given to the Faculty Athletic Representative via the records office.

***NOTHING CAN STOP THE MAN WITH THE RIGHT MENTAL ATTITUDE FROM  
ACHIEVING HIS GOAL; NOTHING ON EARTH CAN HELP THE MAN  
WITH THE WRONG MENTAL ATTITUDE.***

Thomas Jefferson, Third President of USA

## IWU ATHLETIC DEPARTMENT DISCIPLINE POLICY

Discipline is very much a part of the profession of coaching and athletics. The Coaching Staff at IWU have the right and responsibility to enforce any discipline they deem necessary.

Any student-athlete in violation of major infractions of the Community Life-style Statement and/or Handbook will be subject to the following policy. The discipline will be administered independent of any Citizenship Probation or other discipline from Student Development. Each individual situation will be reviewed by the Athletic Director in consultation with the coach.

If the infraction warrants severe discipline, the following offenses will be implemented by the Athletic Department.

I. Athletic Department's First Offense:

A. During the first season of competition the student-athlete will miss a minimum of:

Baseball - 4 contests	Soccer - 2 contests	Basketball - 3 contests
Softball - 3 contests	Volleyball - 2 dates	Cheer Team - 3 contests
Cross Country - 1 meet	Golf - 1 meet	Tennis - 1 date
Track & Field (Indoor) or Track & Field (Outdoor) - 1 meet		

B. Coach has the discretion to make the penalty more severe.

C. Multi Sport athletes will serve discipline in each sport participated in.

D. For each year of eligibility completed an additional game, contest, meet, or match will be added to the sport minimum.

E. Scrimmages are not to be counted in this calculation.

II. Athletic Department's Second Offense: The student athlete will miss the rest of the season and there is a strong possibility they may lose their scholarship.

III. Athletic Department's Third Offense: Automatic dismissal from the team and loss of IWU scholarship for the remainder of collegiate career.

Whether an infraction warrants the discipline listed above, and whether to increase the severity of said discipline are left to the unfettered discretion of the coach. Violations of team rules implemented by the coach may also result in discipline, in the coach's sole discretion. Disciplinary action for violation of team rules or for infractions warranting the discipline stated in Paragraphs I. A – D above is final and may be appealed only to the coach.

Notwithstanding any of the above, a student may have his or her scholarship reduced or revoked if he or she violates IWU rules, team rules, withdraws from or leaves the team or, in the judgment of the coach, fails to play or practice to the best of his or her ability.

In the event that a scholarship is reduced or revoked, the amount by which the scholarship is reduced will be added to the student's bill. No transcript will be released to the student or any institution, prospective employer, agency or person until the bill is paid in full.

A student may appeal, **in writing**, any suspension of fifty percent (50%) or more of the scheduled regular season games, suspension for one or more years, and for reduction or loss of scholarship. In these cases, appeal is to the Director of Athletics (AD). Said writing must include a complete and truthful statement of the facts leading to the action, the reasons given by the coach for the action, **all** reasons why the student believes the action to be a violation of IWU rules or policy or is otherwise inappropriate, **all** of the evidence he or she believes supports their position and the specific action the student wishes the AD to take.

The AD will then schedule a hearing at his convenience at which the student may present relevant evidence and give testimony. The determination of relevance lies solely with the AD. Dishonest or misleading statements in the writing or at the hearing are grounds for denial of the appeal. In no case shall the student be permitted to introduce evidence not specified clearly in the written appeal. No attorneys will be allowed to attend the hearing or be available for consultation. The AD will also, in whatever forum he/she deems appropriate, obtain evidence and hear testimony from the coach imposing the discipline. The decision by the AD is final. No rehearing, re-appeal, presentation of new evidence or appeal to other IWU personnel will be permitted.

Pending the outcome of an appeal, the discipline will NOT be suspended or put on hold, but will remain in effect and imposed at the coach's sole discretion.

We believe strongly in the overall development of each of our student-athletes. In some cases where students insist on going against the University and Athletic Department standards this "tough love" policy will be administered.

## UNIVERSITY FACTS

Location:	Marion, Indiana
Enrollment:	3,000 traditional
President:	Dr. Henry Smith
Vice President for Academic Affairs:	Dr. Bud Bence
Vice President for Advancement:	Dr. Brian Simmons
Vice President for Building & Operation:	Brenden Bowen
Vice President for Enrollment Management:	Mr. Jerry Shepherd
Vice President of Financial Affairs:	Elvin Weinmann
Vice President for Adult & Professional Studies:	Dr. Michael Bonner
Vice President for Student Development:	Dr. Todd Voss
Director of Athletics:	Dr. Mike Fratzke
Assistant Athletic Director:	Sue Bowman
Head Baseball Coach:	Mark DeMichael
Men's Head Basketball Coach:	Greg Tonagel
Women's Head Basketball Coach:	Steve Brooks
Head Cheer Team Coach:	Marcy Moreillon
Head Cross Country Coach (M&W):	John Foss
Head Golf Coach:	Steve Evans
Men's Head Soccer Coach:	Mark Castro
Women's Head Soccer Coach:	Dr. John Bratcher
Head Softball Coach:	Sue Bowman
Men's Head Tennis Coach:	Keith Ruberg
Women's Head Tennis Coach:	Terry Porter
Track & Field Coach (M&W):	John Foss
Head Volleyball Coach:	Candace Moats
Director of Intramurals:	Jillian Wolfe
Director of Athletic Training Education:	Adam Thompson
Head Athletic Trainer:	Aly Williams
Assistant Athletic Trainer:	Mary Jacobs
Assistant Athletic Trainer:	Nate Foster
Sports Information Director:	Jake Nelp
Department Secretaries:	Melody Leckron, Misti Beal
Nickname:	Wildcats
Colors:	Red & Gray
Gymnasium:	Luckey Arena
National Affiliation:	NAIA, NCCAA
Conference:	Mid-Central College Conference
Athletic Department Phone:	765-677-2318

## PRESS OUTLETS

Chronicle Tribune - 664-5111  
Marion, Indiana

Sports Hotline - 664-8732  
Marion, Indiana

WBAT Radio - 664-6239  
Marion, Indiana

WIWU / TV - 677-2775  
Campus

Twin City Journal Reporter - 674-0070  
Gas City, Indiana

Indianapolis Star & News - 317-444-4000  
Indianapolis, Indiana

WMRI/WGOM Radio - 664-7396/664-9466  
Marion, Indiana

## **SUBSTANCE ABUSE**

Indiana Wesleyan University prohibits the unlawful possession, use or distribution of cocaine, narcotic drugs, marijuana, hash oil, hashish, alcohol, controlled substances or paraphernalia by students on or away from campus. Students are expected not to abuse the use of legal prescriptions.

The following is a summary of the laws in Indiana that pertain to substance abuse. Dealing cocaine, marijuana, hash oil, hashish, narcotic drugs, a controlled substance or paraphernalia is also a felony. Alcohol possession or illegal consumption for minors (under the age of 21) is a misdemeanor offense.

Students should be aware of the health risks associated with the use and abuse of alcohol and illicit drugs.

1. Drinking and driving is a leading cause of injury and death.
2. Alcohol can react dangerously with many medicines (both prescription and over-the-counter).
3. Drinking and/or using drugs during times of emotional stress only makes problems worse.
4. Drinking and/or using drugs can cause problems with law enforcement.

Indiana Wesleyan University offers the following services to students who are dealing with alcohol and drug abuse problems: The Center for Student Support Services has professionally trained counselors that can assist students in the beginning stages of substance abuse problems. Student Support Services will use the assessment service of the Cornerstone Professional Treatment Services, Substance Abuse Center or the Wabash Addictions Center. Students will be referred to these community agencies if they are assessed as needing intensive out-patient treatment or residential treatment. The Student Support Services staff are not specialists in the treatment of substance abuse and will usually work in conjunction with these agencies.

Sanctions will be imposed on students using or abusing substances as outlines in the Student Handbook. These sanctions will range from citizenship probation to dismissal and referral for prosecution of the violation of local and state laws.

### **IWU ATHLETIC DEPARTMENT SUBSTANCE ABUSE EDUCATIONAL PROGRAM**

It is not enough for IWU to simply state we are opposed to substance abuse. We do not assume that all student-athletes are aware of all the dangers of drugs, alcohol, and tobacco use, several attempts will be made to educate student-athletes regarding the dangers.

1. Chapel Services - Occasionally, a chapel speaker will be featured who is an authority on substance use/abuse.
2. Team Meeting - This meeting for each athletic team with the Director of Athletics will occur during the pre-season portion of the season prior to any scheduled contest. There will be a presentation and discussion on drug, alcohol, and tobacco problems.

3. Awareness Training For Coaching Staff - The coaching staff will be given training to make them alert to signs of substance abuse. The goal is to recognize problems at an early stage and recommend professional guidance as soon as possible.
4. Substance abuse pamphlets and literature will be available for use by student-athletes in the athletic office. Materials are provided for student-athletes to do their own reading and research on substance abuse.
5. A video on the use and abuse of drugs and alcohol will be presented to the entire student body via the Concepts of Health & Wellness course.

The above educational processes are intended to help educate student-athletes to avoid the use of any harmful substances to their body.

## **ATHLETIC INJURY PROCEDURES**

When an Indiana Wesleyan University athlete becomes ill or sustains an injury, he/she **MUST** report that injury to the athletic training staff immediately. This includes injuries sustained during activities that occur during activities outside of intercollegiate athletics.

To report an injury, the athlete should notify the Certified Athletic Trainer (ATC) or athletic training student assigned to their sport as well as their head coach. Injuries should be reported within 24 hours of occurrence. All information will be kept in confidence according with new HIPPA laws. The athletic training staff will keep a record of all student athlete injuries.

The athletic training staff will evaluate the extent and nature of the injury. Appropriate steps will then be taken regarding the care of that injury. This may include treatment by the athletic training staff or referral to the team physician if necessary. The athlete may choose to see a physician other than the IWU team physician, however; the athlete must be cleared by the IWU team physician prior to return to competition. The physician will notify the athletic training staff as to the diagnosis of the injury and prescription for care and rehabilitation of the injury. The IWU team physician is board certified in primary care sports medicine. He is affiliated with Central Indiana Orthopedics which has an outstanding group of specialized physicians available to the IWU athletes when necessary.

After evaluation by the team physician, the athletic training staff will then review the physician's prescription and establish a rehabilitation program for the athlete. If the prescription for rehabilitation calls for advanced treatment beyond the capabilities of the athletic training staff, the athlete will be referred to an appropriate provider.

When the athlete has completed treatment, he or she will return to the team physician for clearance to participate in athletics. This clearance must be given by the team physician and not the athletic training staff.

## **MEDICAL CHARGES**

There is no fee charged to the athlete for any service provided by the athletic training staff. There are weekly visits by the team physician which are free of charge to the athlete. There is a charge for physician's services and other services received outside the setting of the athletic training room. These fees are based on the service provided and established by the medical personnel providing the service.

In order to participate in intercollegiate athletics, students must provide proof of major medical insurance coverage. This information must be on file in the athletic training office. The university does provide secondary insurance as a support to the athlete's primary insurance for coverage of injuries sustained during participation in intercollegiate athletics. If an athlete should incur an injury that lead to medical expenses, all claims must be filed with the athlete's primary insurance company. In most cases, those providing the care will file the claim. For costs not covered by the athlete's primary insurance, the athlete should turn in all billing paperwork, including the explanation of benefits (EOB) to the athletic training staff. The athletic training staff will then submit the claim to the secondary insurance carrier for consideration. Submission of the claim does not however guarantee payment.

## **PHYSICAL EXAMINATIONS**

All freshman and transfer athletes must have a pre-participation physical examination prior to the first practice. These exams will be administered by the IWU Athletic Training Staff and the team physician. This service is provided at no charge to the athlete. A thorough exam is needed on the **initial year of participation** while an annual medical review is performed for subsequent years of participation.

## TRAINING ROOM PROCEDURES

The training room is provided as a service to all athletes for the care and prevention of injuries sustained while a member of an IWU intercollegiate team. The Athletic Training Department strives to provide the best service possible. Below is a list of training room policies and procedures that will help the training room run smoothly and efficiently.

1. **BE ON TIME!** This is especially true when there is a high volume of athletes coming in and out of the training room. In most cases please try to arrive at least 30 minutes prior to practice. Exceptions will be made for students with classes that conflict with this schedule.
2. The training room is not an excuse for being late to practice. If an athlete arrives in the training room too late to receive treatment, the ATC and/or athletic training student will send them out to practice without treatment.
3. The athletic training staff has a posted schedule of designated treatment times. Athletes should be seen during these times or schedule a time with the ATC assigned to their team.
4. Please ask for help when entering the training room instead of helping yourself. There are an abundance of athletic training students available to help you. This will help the athletic training staff keep track of treatments.
5. The athletic training students are qualified to assess injuries. Remember that this is an educational experience for them. Please seek out the athletic training students assigned to your team. They will seek help from the ATC after they have assessed the injury.
6. Rehabilitation programs and treatment information is given for your benefit. Failure to complete a rehab program or attend a treatment session (including ice post game/practice) could result in your delayed return to the court/field. If you miss a scheduled treatment time, that information will be relayed to the head coach.
7. The ATC meets weekly with the coach and informs them of injury and treatment updates.
8. Decisions on whether or not an athlete will play/practice due to injury will be made by the athletic training student, ATC, and team physician, with input from the coaches.
9. Decisions to see Dr. Hunt are made by the ATC with input from the athletic training student and coach. Athletes should not ask to see Dr. Jones; his time is donated and limited.
10. If you are ill, please do not hesitate in visiting the Health Center for treatment. **DO NOT** let the Health Center delay treatment by having you wait and see Dr. Hunt during his regular visit to campus each week. Delayed care is not appropriate.
11. When taking ice baths, appropriate attire includes shirts and shorts or one-piece bathing suit. No sport bras please. Individual ice baths should be male or female and not Co-Ed.

12. No horseplay in the training room, specifically the hydrotherapy room.
13. Use of modalities is determined by the athletic training students and ATC, not the athlete or coach.
14. Medication dispersement, ibuprofen and Tylenol, is done by the ATC ONLY under the direction of the team physician. Athletic training students are not allowed to hand out this medication.
15. Please do not use the training room as a place to socialize. If you do not need treatment or if you have already received treatment please leave the training room.
16. Do not remove items such as heat packs, towels, or coolers without first speaking to an athletic training student or an ATC.

***I LEARNED THAT THE ONLY WAY YOU ARE GOING TO GET ANYWHERE IN LIFE IS TO WORK HARD AT IT. WHETHER YOU'RE A MUSICIAN, A WRITER, AN ATHLETE OR A BUSINESSMAN, THERE IS NO GETTING AROUND IT. IF YOU DO, YOU'LL WIN—IF YOU DON'T YOU WON'T.***

Bruce Jenner, Decathlon—Olympic Gold Medalist

## BEHAVIORAL EXPECTATIONS

The Indiana Wesleyan University Department of Athletics desires its athletes to be models of the highest ideals of behavior for our college community. Certain university regulations such as the non-use of tobacco in any form, abstinence from the use of alcohol or any non-prescription drug, and chapel attendance will be enforced without prejudice or discrimination either for or against a student athlete.

Other behavioral expectations for student-athletes include the following:

1. Athletes should be in chapel and refrain from unnecessary talking and not make distractions during the services.
2. Profanity of any form or disregard for individuals which result in name calling and offensive expletives have no place in IWU athletics.
3. Class attendance is expected at all times except when missed due to athletic travel or a scheduled home contest. Excessive cutting of class will not be tolerated and could result in suspension or other disciplinary action. YOU are responsible for notifying a professor at least one week in advance when you know you will miss a class due to a scheduled contest. Your coach will provide you with Courtesy Cards for your Professors. Make arrangements to make-up any missed class work. Practices, scrimmages, or any off-season athletic events are not valid reasons for missing classes.
4. You are expected to attend every practice, on time, unless you have a class or are ill. Notify the coach prior to practice time if you cannot attend.
5. Participation and membership on a Wildcat team includes accepting the responsibility of striving hard to represent IWU in a manner which will cast the best reflections on the university. You represent IWU and your team at all times. Be neat, be courteous, show respect for others, and demonstrate a high degree of sportsmanlike conduct. Any behavior exhibiting racial, ethnic, religious, or sexual harassment is absolutely prohibited.
6. All athletes are expected to comply with all policies and regulations set forth for all students in the Indiana Wesleyan University Student Handbook.
7. The dress code as set forth by each coach needs to be followed as we collectively have the best interests of Indiana Wesleyan University at heart.
8. Male athletes are not to wear earrings when they are representing the University Athletic Department.
9. Body tattoo's are to be covered and not visible during any intercollegiate athletic event.
10. Look Sharp, Feel Sharp, Be Sharp!