

**2017 Crossroads League Invite**  
**February 17-18<sup>th</sup>**  
**Schedule of Events**  
**Indiana Wesleyan University, Host**

**Friday, February 17<sup>th</sup>**

**Heptathlon**

11:00am	60m
11:35am	Long Jump
To Follow LJ	Shot Put
To Follow SP	High Jump

**Pentathlon**

11:30am	60m Hurdles
12:15pm	High Jump
To Follow HJ	Shot Put
To Follow SP	Long Jump
To Follow LJ	800m

**Field Events**

12:30pm	W Long Jump/Final
1:30pm	W 20lb Weight Throw/Final
3:00pm	M Pole Vault/Final
3:30pm	M 35lb Weight Throw/Final
3:30pm	M Long Jump/Final

**Running Events**

1:10pm	<i>National Anthem</i>
1:15pm	M 4x800m Relay
1:35pm	W 4x800m Relay
2:00pm	M 60m Hurdles/Trials
2:15pm	W 60m Hurdles/Trials
2:30pm	M 60m/Trials
2:45pm	W 60m/Trials
3:00pm	M 600m
3:15pm	W 600m
3:30pm	M 5,000m
4:00pm	W 5,000m
4:30pm	M Distance Medley Relay
4:50pm	W Distance Medley Relay

**Saturday, February 18<sup>th</sup>**

**Heptathlon**

10:00am	60m Hurdles
10:35am	Pole Vault
To Follow PV	1000m

**Field Events**

1:00pm	M Triple Jump/Final
1:00pm	M Shot Put/Final
1:00pm	W High Jump/Final
1:45pm	W Pole Vault/Final
2:30pm	W Triple Jump/Final
2:30pm	W Shot Put/Final
3:00pm	M High Jump/Final

**Running Events - All Finals**

12:50pm	<i>National Anthem</i>
1:20pm	M Mile
1:40pm	W Mile
2:00pm	M 60m Hurdles
2:10pm	W 60m Hurdles
2:20pm	M 400m
2:35pm	W 400m
2:50pm	M 60m
3:00pm	W 60m
3:10pm	M 800m
3:20pm	W 800m
3:35pm	M 1000
3:50pm	W 1000
4:10pm	M 200m
4:35pm	W 200m
4:50pm	M 3,000m
5:20pm	W 3,000m
5:50pm	M 4x400m Relay
6:05pm	W 4x400m Relay