

INDIANA
WESLEYAN
UNIVERSITY

WILDCAT
ATHLETICS



Student-Athlete
Handbook

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Welcome Wildcats!

It is my privilege to welcome you to the IWU Wildcat family. We are blessed with 15 outstanding programs in our athletic department, but we are all one team! I also want to congratulate you on reaching the level of Intercollegiate Athletics. You are among our nation's elite, and we are so grateful that you have chosen to pursue your college education here at Indiana Wesleyan University.

As you already know, IWU Athletics has a tradition of excellence that covers every aspect of a student-athlete's experience. The record books illustrate the outstanding athletic success that we have had over the years, including 9 straight MCC All-Sports Trophies, awarded to the best all around athletic program in the MCC. But being a Wildcat is about more than winning championships. It is about serving Christ through the incredible athletic gifts that He has blessed you with.

As you read this Student-Athlete's Handbook, you will see our department Mission Statement and 4 Core Values. These are the backbone of who we are as a department. We believe that our Core Values of SPIRITUAL GROWTH, ACADEMIC ACHIEVEMENT, LEADERSHIP DEVELOPMENT, and ATHLETIC EXCELLENCE can all be achieved without compromising any of them.

We ask that you dedicate yourselves to these core values, not because you want to bring glory to yourself, but because you want to bring glory to God. I know that this concept may seem foreign to many of you. If that is the case, then I ask that you listen and watch your coaches. They will mentor and guide you to develop an understanding of what being a true Christian Scholar Athlete is. Please know that I will be doing more than watching you compete and rooting you on. I will be praying for you throughout the year, knowing that God will be doing amazing things in your life!

We want each of you to understand what IWU Athletics is all about in detail and what that means for you as an IWU student-Athlete. Please take some time and read this handbook thoroughly so you will have that understanding. If you have any questions about what you read, do not hesitate to ask any of your coaches, or you can even stop by my office and ask me. I would love to talk with you and help in any way that I can.

Have a great year and a great season!



Mark DeMichael
Director of Athletics
Philippians 2:1-11

Mission Statement
Indiana Wesleyan University Athletics

The Mission of Indiana Wesleyan University's Department of Athletics is to impact the world for Christ through Intercollegiate Athletics and to encourage **Spiritual Growth, Academic Achievement, Leadership Development, and Athletic Excellence** within our students by:

- Investing in our student-athlete's lives through intentional mentoring relationships grounded in Christ's love.
- Teaching Christ-like values in real life situations through sports.
- Creating an atmosphere of success by challenging student-athletes to consistently use their God-given talent to achieve at the highest level of competition while developing their leadership potential to impact the world for Christ.
- Challenging student-athletes to consistently use athletic competition as an act of worship and a form of ministry.
- Cultivating maturity by encouraging student-athletes to maximize their gifts and talents while preparing for their future profession.

4 Core Values
Indiana Wesleyan University Athletics

Spiritual Development
Academic Achievement
Leadership Development
Athletic Excellence

GO WILDCATS!

Athletic Department Scripture Verse

“If there is any encouragement in Christ, if any consolation of love, if any fellowship with the Spirit, if any affection and mercy, fulfill my joy by thinking the same way, having the same love, sharing the same feelings, focusing on one goal. Do nothing out of rivalry or conceit, but in humility consider others as more important than yourselves. Everyone should look out not only for his own interests, but also for the interests of others. Make your own attitude that of Christ Jesus,

who, existing in the form of God,
did not consider equality with God
as something to be used
for His own advantage.
instead, He emptied Himself
by assuming the form of a slave,
taking on the likeness of men.
and when He had come as a man
in His external form,
He humbled Himself
by becoming obedient
to the point of death—even to death
on a cross.

for this reason God also
highly exalted Him
and gave Him the name that is above
every name,
so that at the name of Jesus
every knee should bow—
of those who are in heaven
and on earth and under the earth—
and every tongue should confess
that Jesus Christ is Lord,
to the glory of God the Father,”

-Philippians 2:1-11

INDIANA WESLEYAN UNIVERSITY MISSION STATEMENT

Indiana Wesleyan University is a Christ-centered academic community committed to changing the world by developing students in character, scholarship, and leadership.

INDIANA WESLEYAN UNIVERSITY VISION STATEMENT

Indiana Wesleyan University will prepare each student to become a world changer. We will accomplish this by drawing students into an integrated experience of intellectual challenge, spiritual growth, and leadership development. Thus we will:

- call students to Christian character;
- expect academic excellence;
- equip them for success in their vocations;
- mentor them in leadership;
- prepare them for service.

This vision will be operationalized through transformational strategies so that it becomes:

- a powerful message to our students;
- a way of building positive student self-image and Christian character;
- the basis for integrating faith with learning and living;
- an integrated theme in all our programs;
- the focal point for a student-centered campus experience which integrates spiritual, educational, and leadership development;
- the lens we use for faculty recruitment and development;
- a new way of thinking about who our distinguished alumni are; and
- a basis for rethinking how we relate to our alumni.

INDIANA WESLEYAN UNIVERSITY CORE VALUES

The primary value for Indiana Wesleyan University is Christ likeness. The challenge to follow Christ compels us to pursue a personal and professional life-style of:

- Commitment
- Learning
- Serving
- Stewardship

***WHAT YOU ARE IS GOD'S GIFT TO YOU AND WHAT YOU
DO WITH WHAT YOU ARE IS YOUR GIFT TO GOD.***

George Foster, Major League Outfielder

World Changing Outcomes

Mission: Indiana Wesleyan University is a Christ-centered academic institution committed to changing the world by developing students in character, scholarship, and leadership.

A World Changer is a servant leader who exhibits:

1. Knowledge

- a. **BASICS OF THE CHRISTIAN FAITH:** A knowledge of the basic themes and truths of the Old and New Testaments and the basic beliefs of Christianity; an awareness of Bible-based morality and social responsibility; and a reasoned understanding of a Christian worldview and the meaning of salvation as expressed in evangelical Christianity.
- b. **LIBERAL ARTS FOUNDATION:** A solid grasp of the general studies that have been associated with a liberal arts education.
- c. **COMPETENCY IN A DISCIPLINE:** Competency in at least one major discipline of the University curriculum.
- d. **INTEGRATION OF KNOWLEDGE:** The integration of knowledge with the Christian faith and across academic disciplines.

2. Skills

- a. **CREATIVITY:** Making new connections between various bodies of information.
- b. **CRITICAL THINKING:** Analyzing information in order to determine the validity of competing truth claims, and to solve problems.
- c. **COMMUNICATION SKILLS:** Reading critically, writing clearly, and communicating effectively.
- d. **SELF-DISCIPLINE:** Demonstrating habits of correction or regulation of oneself for the sake of improvement.
- e. **LEADERSHIP:** Taking action to effect change by mobilizing others to accomplish a shared vision.

3. Dispositions (Beliefs and Attitudes)

- a. **COMMITMENT TO TRUTH:** A commitment to the search for Truth as revealed in the Bible and in God's created order.
- b. **LIFELONG LEARNING:** A commitment to discovering and processing information in preparation for a life of learning.
- c. **HUMAN WORTH:** The belief that God created all life and therefore all people have worth.
- d. **INCLUSION:** The willingness to interact with persons of different perspectives and cultures without surrendering a commitment to truth.
- e. **STEWARDSHIP:** The belief that the created order is a trust from God and a commitment to the wise use of all the resources of life.
- f. **LIFE CALLING:** The confidence of an overriding purpose for one's life based on a relationship to God, an understanding of self, and a personal response to the needs of the world.
- g. **AGENTS OF CHANGE:** A commitment to change the world for Christ.
- h. **SERVANTHOOD:** A commitment to meet the needs of others before one's own self interests.

MEMBERSHIPS

Indiana Wesleyan University is a member of the National Association of Intercollegiate Athletics (NAIA) and abides by all rules and regulations set forth in the constitution and by-laws of this organization.

IWU is also a member of The National Christian College Athletic Association (NCCAA) an organization that promotes athletic competition, Christian fellowship, evangelism, and discipleship among its various members. Indiana Wesleyan University has been intricately involved in the growth and development of this organization. IWU abides by all the rules and regulations set forth in the constitution and by-laws of this organization.

The university holds membership and participates in the Mid-Central Collegiate Conference (MCC) and abides by all the rules and regulations set forth in the constitution and by-laws of this organization. The MCC is an affiliated conference of the NAIA. Institutional members of the conference are:

Bethel College Pilots
Goshen College Maple Leafs
Grace College Lancers
Huntington University Forresters
Indiana Wesleyan University Wildcats
Marian University Knights
Spring Arbor University Cougars
University of Saint Francis Cougars
Taylor University Trojans

ATHLETIC SCHOLARSHIPS

Indiana Wesleyan University believes that in order to compete at the level which is desired, student-athletes should receive athletic scholarships. Athletic scholarships are awarded by the coach of each sport at his/her discretion. Total scholarship amounts vary from sport to sport.

Individual athletic scholarships vary in amount among student-athletes. No student-athlete should assume that the amount of his/her scholarship reflects his/her value to the coach and/or team. A coach must take into consideration all forms of financial aid when awarding an athletic scholarship so that the total financial package is mutually beneficial to the student-athlete and the university.

Athletic scholarships are awarded on an annual basis unless special arrangements have been made in writing between the student-athlete and the coach. Any such special arrangements must be approved by the Athletic Director and on file in his/her office.

Certain conditions apply to the IWU Athletic Service Grant Scholarship. It is important that each student-athlete know the conditions under which an athletic scholarship can be terminated. They are listed on the contract and are shown on the next page for emphasis.

The athlete agrees...

- 1) ... to maintain academic eligibility throughout the term of his/her participation in IWU athletics by both Indiana Wesleyan University ("IWU") and National Association of Intercollegiate Athletics standards.
- 2) ...to fully participate, to the best of his/her ability, in all activities of their respective team, including team meetings, conditioning, workouts, practices, games, matches, tournaments and all related requirements of the coach, whether these activities occur before, during or after the season.
- 3) ... and understands that any violation of the above requirements, without the coach's express permission, may result in discipline, up to and including suspension from further athletic participation and/or reduction or revocation of the entire amount of this grant.
- 4) ... that s/he has received, read and understood the IWU Student-Athlete Handbook, the IWU Student Handbook and the IWU Catalog and any questions s/he may have had were answered to his/her satisfaction. The athlete further agrees to each and every term in said publications.
- 5) ... and understands that failure to abide by the then current terms and standards in said publications may result in discipline up to and including, expulsion from the university, suspension from athletics and/or the revocation of this grant.
- 6) ... and understands that, in the event of a reduction or revocation of a Grant, any amount so revoked or reduced will be added to their bill and will become due immediately. Further, that their transcripts will be put on hold and will not be released to any other institution, employer, agency or person until the bill is paid in full.
- 7) ... to be representative of the mission of Indiana Wesleyan University, which mission s/he understand and accepts.

ELIGIBILITY REQUIREMENTS

As a member of the NAIA, NCCAA, and MCC, to be eligible to represent IWU in any intercollegiate game, match, scrimmage, the student-athlete must meet the following guidelines:

1. **YOU MUST**, if an entering freshman*, meet two of three entry level requirements:
*An entering freshman is defined as a student who, upon becoming identified with an NAIA institution, has not been previously identified with an institution of higher learning for two semesters or three quarters (or equivalent).

- (a) Achieve a minimum score of 18 on the ACT or 860 on the SAT. Tests must be taken on a national testing date (residual tests are not acceptable). Scores must be achieved on a single test.
- (b) Achieve a minimum overall high school grade point average of 2.000 on a 4.000 scale.
- (c) Graduate in the top half of your high school graduating class. The ACT/SAT test must be taken on a national testing date and certified to the institution prior to the beginning of the term in which the student initially participates.

2. **YOU MUST** be making normal progress toward a recognized baccalaureate degree and maintain the grade points required to remain a student in good standing, as defined by the institution you are attending.

3. **YOU MUST** be enrolled in a minimum of 12 institutionally-approved or required credit hours at the time of participation. Should participation take place between terms, you must have been identified with the institution the term immediately preceding the date of participation.

4. **YOU MUST** meet the IWU student classification and eligibility standards below: Students enrolled for 12 hours or more are considered full-time. All students having met regular entrance requirements are classified by the university registrar.

Classification is based on the following scale:

| | |
|-----------|-------------------------------------|
| Freshman | 0-28 Semester Hours Completed |
| Sophomore | 29-59 Semester Hours Completed |
| Junior | 60-89 Semester Hours Completed |
| Senior | 90 or more Semester Hours Completed |

Evaluations are not made for unclassified students who are admitted without submitting full credentials for regular admission. Such students are auditory, guest students, postgraduates, or pre-university students and may take up to 18 hours under this classification but no more than 6 hours in one semester. By submitting proper application, an unclassified student may change to regular admission.

Eligibility Requirements

The following table indicates the minimum grade-point averages (GPA) that will result in The application of academic sanctions:

| Number of Earned Credits | Academic Probation | Academic Suspension | Academic Dismissal |
|--------------------------|--------------------|---------------------|--------------------|
| 0-28 credits | <1.80 | <1.70 | <1.50 |
| 29-44 credits | <1.90 | <1.80 | <1.70 |
| 45-89 credits | <2.00 | <1.90 | <1.80 |
| 90 or more credits | can't participate | | |

The sequence of levels of achievement is allowed in order to help students Accommodate the graduation requirement of 2.0 for most programs (students should be aware that some programs require more than this minimum for graduation).

5. **YOU MUST** have accumulated a minimum of twenty-four (24) institutional or required credit hours the two immediately previous terms of attendance. Up to 12 institutional credit hours earned during the summer and/or non-term may be applied to meet the 24-hour rule, provided such credit is earned **AFTER** one of the two immediately previous terms of attendance.
6. **YOU MAY NOT** count repeat courses previously passed in ANY term toward the 24 credit-hour rule. In certain instances repeat courses may count toward the 12 hour enrollment rule; see your athletics director or faculty athletics representative for more specific information.
7. **YOU MUST** be eligible in your own conference.
8. **YOU MUST**, if a transfer student from a four-year institution, have eligibility remaining at the institution from which you are transferring to be eligible for further intercollegiate competition.
9. **YOU MUST**, if a transfer student having ever participated in intercollegiate athletics at a four-year institution, reside for 16 consecutive calendar weeks (112 calendar days), not including summer sessions, at the transferred institution before becoming eligible for intercollegiate competition in any sport in which you participated while attending the previous four-year institution. Exceptions to the 16 calendar-weeks residency will be explained by the institution's faculty athletics representative.
10. **YOU MUST** be within your first 10 semesters, 12 trimesters, or 15 quarters of attendance as a regularly enrolled student. A term of attendance is any semester, trimester or quarter in which you enroll for nine or more institutional credit hours and attend any class. (Summer sessions are not included, but night school, extension or correspondence courses are applicable to this ruling.)

11. **YOU MUST**, upon reaching junior academic standing as defined by the institution, have a cumulative grade point average of at least 2.000 on a 4.000 scale as certified by the institutional registrar.

12. **YOU MUST**, to participate the second season in a sport, have accumulated at least 24 semester/36 quarter institutional credit hours.

13. **YOU MUST**, to participate the third season in a sport, have accumulated at least 48 semester/72 quarter institutional credit hours.

14. **YOU MUST**, to participate the fourth season in a sport, have accumulated at least 72 semester/108 quarter institutional credit hours. These hours must include at least 48 semester/72 quarter hours in general education and/or your major field of study.

15. **YOU MAY NOT** participate for more than four seasons in any one sport. A season of competition is defined as participation in one or more intercollegiate contests, whether as a freshman, junior varsity or varsity participant, or in any other athletic competition in which the institution, as such, is represented during a sport season.

16. Should you participate for two different institutions in the same sport, in the same academic year (example - basketball or fall golf at a junior college and then transfer to an NAIA school and participate in basketball or spring golf), you shall be charged with a second season of competition in that sport unless you earned an associate degree at a junior college in the term immediately preceding the transfer

17. **YOU MUST** be an amateur, as defined by the NAIA, in the sport(s) in which you participate. See your athletics director or faculty athletics representative for all amateur regulations as printed in the NAIA Bylaws.

18. **YOU MUST**, to participate the third and/or fourth season in a sport, have and maintain a total cumulative grade point average of at least 2.000 on a 4.000 scale.

HARDSHIPS

HARDSHIPS deal only with seasons of competition. A hardship request is a request for an exception to the season-of-competition regulation (see Item 15 on previous page). Hardship requests will be considered only if the following criteria are met.

1. The injury or illness is beyond the control of the student-athlete and/or coach, and incapacitates the student-athlete from competing further during the season. Verification by an M.D. or D.O. is required.
2. The athlete shall not have participated in more contests or dates than the Association's allowable number in any sport recognized by the NAIA during the school year. Contact a member institution for the number per sport.
3. Participation after being examined by a physician and before receiving written medical clearance shall nullify hardship consideration.

If you were granted a hardship at a previous (non-NAIA) institution, the request must be resubmitted by an NAIA institution.

NAIA HANDBOOK

Remember, athletes, as well as member institutions, are responsible for knowing and abiding by NAIA rules and regulations as outlined in the **NAIA Official Handbook**. Violations of any eligibility regulations by you, as an athlete shall:

1. Make you ineligible, resulting in your immediate withdrawal from intercollegiate competition in that sport for that season;
2. find you charged with a season of competition and a term of attendance for participating;
3. cause an investigation by the NAIA National Eligibility Committee that could charge you with a second season of participation or the loss of all future eligibility for playing while ineligible;
4. disallow any honors, or consideration of such honors, awarded by the NAIA; and/or
5. cause your institution to forfeit all contests in which you participated.

The material presented is not to be construed as a complete listing of all rules and regulations of the NAIA, but rather as a guide to assist athletes and institutional representatives in becoming more knowledgeable. All NAIA eligibility regulations are published in the NAIA Official Handbook. See your athletics director or faculty athletics representative for further information.

***DO NOT LET WHAT YOU CANNOT DO
INTERFERE WITH WHAT YOU CAN DO.***

John Wooden, College Basketball Coach

IWU ATHLETIC EQUIPMENT

The proper care of equipment, especially that belonging to the college athletic department, is one of the most abused aspects of an athletic program. It is necessary that each person involved be responsible and use good judgment in handling and utilizing equipment.

1. Student-athletes are not allowed in the equipment storage room unless accompanied by a member of the athletic staff.
2. Each student-athlete is responsible for university-owned equipment assigned to them while in their possession. This is especially important for uniforms. The student-athlete maintains responsibility for their uniform until it is submitted for laundering. All uniform components must be properly checked and accounted for at the time of laundering.
3. Personal practice gear will be laundered on a daily basis. It is recommended that each student-athlete use a mesh laundry bag secured by a pin.
4. Student-athletes who lose university-owned equipment while in their possession or who do not return equipment at the end of the season will have the cost charged to their student account.

ATHLETIC AWARDS SYSTEM

First Year - Each lettering athlete will receive a first year certificate which recognizes the season of competition and the sport participated in. In addition to the certification each athlete receives the Indiana Wesleyan three-dimensional red and gray block letter "I". Down the center part of the red "I" is the word "Wesleyan" in gray lettering.

Second Year - The lettering athlete will receive a back pack with the IWU Athletics logo embroidered on it as well as the department verse.

Senior Year - A person lettering as a senior receives a 11" X 14" Senior Certificate. On this certificate are the Wildcat head and Wildcat paw representing the Indiana Wesleyan University Mascot. The sport(s) participated in and the individual accomplishments of the player are hand lettered in a designated area. These senior certificates are signed by the President, Faculty Athletic Representative, a Coach, and the Director of Athletics.

Fourth Year - The person lettering all four years in one sport receives a silver clock with the IWU Athletic logo and scripture verse engraved on it.

Athletic Director's Award - This award is given by the Director of Athletics to an individual who has made an outstanding contribution to the overall goals and philosophy of the Indiana Wesleyan University athletic program. Any person is eligible whether a faculty member, coach, administrator, friend of the University, or student-athlete.

Outstanding Performer Award - This award recognizes the outstanding male and female athlete for the current academic year. The athlete's career will also be taken into account. Other considerations include conference, district, national, academic, and athletic awards. The compatibility of the athlete and the Indiana Wesleyan University athletic philosophy will also be considered. Typically, reserved for seniors, it is possible for an underclassman to receive the award. The recipients are voted upon by the athletic department.

Senior Scholar Athlete Award - The Senior Scholar-Athlete Award will be presented annually to that athlete, having earned more than 99 semester hours prior to the Spring semester of the award presentation, who attains the highest cumulative grade point average. Judging will be based on all work through Fall term preceding the spring semester of the award presentation. At least half of this work must have been taken at IWU. The minimum requirement for this award is a cumulative grade point average of 3.20.

The recipient must have earned at least one varsity letter in the academic year of the award presentation. In case of a tie, special consideration will be given to the athlete earning a varsity letter in more than one sport.

The recipient will be determined through information given to the Faculty Athletic Representative via the records office.

Freshman Scholar-Athlete Award - The Freshman Scholar-Athlete Award will be presented annually to that athlete, having earned at least 14 semester hours, but not more than 28 semester hours prior to the spring of the award presentation, who attains the highest cumulative grade-point average. The grade point average will be based on all work through the Fall term preceding the spring semester of the award presentation. All of this work must have been completed at IWU. The minimum requirement for this award is a cumulative grade point average of 3.0.

The recipient will be determined through information given to the Faculty Athletic Representative via the records office.

***NOTHING CAN STOP THE MAN WITH THE RIGHT MENTAL ATTITUDE FROM
ACHIEVING HIS GOAL; NOTHING ON EARTH CAN HELP THE MAN
WITH THE WRONG MENTAL ATTITUDE.***

Thomas Jefferson, Third President of USA

IWU ATHLETIC DEPARTMENT DISCIPLINE POLICY

All student athletes are expected to conduct themselves according to the Indiana Wesleyan University Student Handbook and Community Life-Style Statement. Any discipline situation resulting in necessary intervention by the Student Development Office will be handled directly by the Dean of Student Conduct and Community standards. All discipline implemented by the Dean will be accepted by the athletic department and will be carried out in full accordance with the Dean.

Any added discipline is left to the discretion of the student athlete's coach along with the Director of Athletics. However, no coach or administrator may lessen the action of discipline set forth by the Dean.

Any student athlete in violation of major infractions of the Community Life-Style Statement and/or student handbook will be subject to the following policy. The discipline will be administered independently of any citizenship probation or other discipline from student development. Each individual situation will be reviewed by the Athletic Director in consultation with the coach.

If the infraction warrants severe discipline, the following actions will be implemented by the Athletic Department.

I. First Offense

A. Head coach and Athletic Director will review the facts of the incident and decide on appropriate discipline for the student athlete. Discipline may consist of game suspensions, scholarship loss or reduction, community service, dismissal from team, or any combination of these. Each case will be handled individually and separately.

B. Multisport athletes will have all of their head coaches involved in the consultation with discipline involving all of the sports participated in.

C. In addition to the facts surrounding the violation, other factors considered in the discipline will include years of collegiate competition, attitude of student athlete history of minor violations, and time of year of occurrence.

D. Discipline may carry over into the following academic year.

II. Second Offense

A. Said student athlete's Athletic Service Grant will be revoked for a minimum of one full academic year.

B. Discipline may also include dismissal from team, game suspensions, community service or a combination of these.

III. Third Offense

- A. Said student will be dismissed from the team and have his/her Athletic Service Grant revoked from remainder of college career.

Violation of team rules implemented by the coach may also result in discipline and is given at the coach's sole discretion.

A student athlete may have his or her Athletic Service Grant reduced or revoked if he or she violates any portion of the Athletic Service Grant Tender and Agreement.

Disciplinary Appeal Process

It is understood that an appeal is not considered to be a second hearing of a case, but if deemed appropriate, an opportunity to review a case in light of grounds for appeal. Student athletes have the right to request an appeal of a decision and/or discipline imposed through the disciplinary process. Appeals shall be typed and submitted by the student athlete to the Athletic Director within 72 hours of notification to the student of disciplinary outcomes.

Appeals must state whether the student is appealing the decision, the discipline or both. The correspondence must also state the grounds for which the appeal would be heard, which are limited to the following:

- Evidence related to the case is now available that was not available at the time of the Disciplinary Consultation.
- The university did not follow proper procedure.
- The discipline is extreme in relation to the violation.

Appeals are not automatic. The designee may review the request and:

- Uphold the findings and disciplines levied through the initial disciplinary process.
- Take jurisdiction of the matter and conduct further investigation and/or hold an additional hearing or hearings and reach a decision and declare discipline.

UNIVERSITY FACTS

| | |
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| Location: Enrollment: President: Chief of Staff Executive Vice President: Provost: Vice President and Dean of Academic Affairs Vice President of Enrollment Management and Marketing Vice President of Financial Affairs: Vice President for Adult & Professional Studies: Vice President for Student Development: Vice President of University Relations: Vice President of Operations and Grounds Vice President for University Information Technology Director of Athletics: Assistant Athletic Director: Head Baseball Coach: Men's Head Basketball Coach: Women's Head Basketball Coach: Head Cheer Team Coach: Head Cross Country Coach (M&W): Head Golf Coach: Men's Head Soccer Coach: Women's Head Soccer Coach: Head Softball Coach: Men's Head Tennis Coach: Women's Head Tennis Coach: Track & Field Coach (M&W): Head Volleyball Coach: Director of Intramurals: Director of Athletic Training Education: Head Athletic Trainer: Associate Athletic Trainer: Assistant Athletic Trainers: Sports Information Director: Administrative Professionals: Nickname: Colors: Gymnasium: National Affiliation: Conference: Athletic Department Phone: | Marion, Indiana 3,100 traditional Dr. Henry Smith Dr. Larry Lindsay Dr. Todd Voss Dr. David Wright Dr. Darlene Bressler Mrs. Kris Douglas Dr. Duane Kilty Dr. Michael Bonner Michael Moffitt Dr. Keith Newman Mr. Brendan Bowen Mr. John Jones Mark DeMichael Sue Bowman Chad Newhard Greg Tonagel Steve Brooks Mike Morley John Foss Steve Evans Mark Castro Dr. John Bratcher Sue Bowman Keith Ruberg Terry Porter John Foss Candace Moats Jillian Bowser Dr. Adam Thompson Mary Jacobs Nate Foster Andrew Doyle, Jessica Keller Kyle Schmidt Melody Leckron, Megan Christensen Wildcats Red & Gray Luckey Arena NAIA, NCCAA Mid-Central College Conference 765-677-2318 |
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PRESS OUTLETS

Chronicle Tribune - 664-5111
 Marion, Indiana

Sports Hotline - 664-8732
 Marion, Indiana

WBAT Radio - 664-6239
 Marion, Indiana

Twin City Journal Reporter - 674-0070
 Gas City, Indiana

Indianapolis Star & News - 317-444-4000
 Indianapolis, Indiana

WMRI/WGOM Radio - 664-7396/664-9466
 Marion, Indiana

SUBSTANCE ABUSE

Indiana Wesleyan University prohibits the unlawful possession, use or distribution of cocaine, narcotic drugs, marijuana, hash oil, hashish, alcohol, controlled substances or paraphernalia by students on or away from campus. Students are expected not to abuse the use of legal prescriptions.

The following is a summary of the laws in Indiana that pertain to substance abuse. Dealing cocaine, marijuana, hash oil, hashish, narcotic drugs, a controlled substance or paraphernalia is also a felony. Alcohol possession or illegal consumption for minors (under the age of 21) is a misdemeanor offense.

Students should be aware of the health risks associated with the use and abuse of alcohol and illicit drugs.

1. Drinking and driving is a leading cause of injury and death.
2. Alcohol can react dangerously with many medicines (both prescription and over-the-counter).
3. Drinking and/or using drugs during times of emotional stress only makes problems worse.
4. Drinking and/or using drugs can cause problems with law enforcement.

Indiana Wesleyan University offers the following services to students who are dealing with alcohol and drug abuse problems: The Center for Student Support Services has professionally trained counselors that can assist students in the beginning stages of substance abuse problems. Student Support Services will use the assessment service of the Cornerstone Professional Treatment Services, Substance Abuse Center or the Wabash Addictions Center. Students will be referred to these community agencies if they are assessed as needing intensive out-patient treatment or residential treatment. The Student Support Services staff are not specialists in the treatment of substance abuse and will usually work in conjunction with these agencies.

Sanctions will be imposed on students using or abusing substances as outlines in the Student Handbook. These sanctions will range from citizenship probation to dismissal and referral for prosecution of the violation of local and state laws.

IWU ATHLETIC DEPARTMENT SUBSTANCE ABUSE EDUCATIONAL PROGRAM

It is not enough for IWU to simply state we are opposed to substance abuse. We do not assume that all student-athletes are aware of all the dangers of drugs, alcohol, and tobacco use, several attempts will be made to educate student-athletes regarding the dangers.

1. Chapel Services - Occasionally, a chapel speaker will be featured who is an authority on substance use/abuse.
2. Team Meeting - This meeting for each athletic team with the Director of Athletics will occur during the pre-season portion of the season prior to any scheduled contest. There will be a presentation and discussion on drug, alcohol, and tobacco problems.

3. Awareness Training For Coaching Staff - The coaching staff will be given training to make them alert to signs of substance abuse. The goal is to recognize problems at an early stage and recommend professional guidance as soon as possible.
4. Substance abuse pamphlets and literature will be available for use by student-athletes in the athletic office. Materials are provided for student-athletes to do their own reading and research on substance abuse.
5. A video on the use and abuse of drugs and alcohol will be presented to the entire student body via the Concepts of Health & Wellness course.

The above educational processes are intended to help educate student-athletes to avoid the use of any harmful substances to their body.

ATHLETIC INJURY PROCEDURES

When an Indiana Wesleyan University athlete becomes ill or sustains an injury, he/she **MUST** report that injury to the athletic training staff immediately. This includes injuries sustained during activities that occur during activities outside of intercollegiate athletics.

To report an injury, the athlete should notify the Certified Athletic Trainer (ATC) or athletic training student assigned to their sport as well as their head coach. Injuries should be reported within 24 hours of occurrence. All information will be kept in confidence according with new HIPPA laws. The athletic training staff will keep a record of all student athlete injuries.

The athletic training staff will evaluate the extent and nature of the injury. Appropriate steps will then be taken regarding the care of that injury. This may include treatment by the athletic training staff or referral to the team physician if necessary. The athlete may choose to see a physician other than the IWU team physician, however; the athlete must be cleared by the IWU team physician prior to return to competition. The physician will notify the athletic training staff as to the diagnosis of the injury and prescription for care and rehabilitation of the injury. The IWU team physician is board certified in primary care sports medicine. He is affiliated with Central Indiana Orthopedics which has an outstanding group of specialized physicians available to the IWU athletes when necessary.

After evaluation by the team physician, the athletic training staff will then review the physician's prescription and establish a rehabilitation program for the athlete. If the prescription for rehabilitation calls for advanced treatment beyond the capabilities of the athletic training staff, the athlete will be referred to an appropriate provider.

When the athlete has completed treatment, he or she will return to the team physician for clearance to participate in athletics. This clearance must be given by the team physician and not the athletic training staff.

MEDICAL CHARGES

There is no fee charged to the athlete for any service provided by the athletic training staff. There are weekly visits by the team physician which are free of charge to the athlete. There is a charge for physician's services and other services received outside the setting of the athletic training room. These fees are based on the service provided and established by the medical personnel providing the service.

In order to participate in intercollegiate athletics, students must provide proof of major medical insurance coverage. This information must be on file in the athletic training office. The university does provide secondary insurance as a support to the athlete's primary insurance for coverage of injuries sustained during participation in intercollegiate athletics. If an athlete should incur an injury that lead to medical expenses, all claims must be filed with the athlete's primary insurance company. In most cases, those providing the care will file the claim. For costs not covered by the athlete's primary insurance, the athlete should turn in all billing paperwork, including the explanation of benefits (EOB) to the athletic training staff. The athletic training staff will then submit the claim to the secondary insurance carrier for consideration. Submission of the claim does not however guarantee payment.

PHYSICAL EXAMINATIONS

All freshman and transfer athletes must have a pre-participation physical examination prior to the first practice. These exams will be administered by the IWU Athletic Training Staff and the team physician. This service is provided at no charge to the athlete. A thorough exam is needed on the **initial year of participation** while an annual medical review is performed for subsequent years of participation.

TRAINING ROOM PROCEDURES

The training room is provided as a service to all athletes for the care and prevention of injuries sustained while a member of an IWU intercollegiate team. The Athletic Training Department strives to provide the best service possible. Below is a list of training room policies and procedures that will help the training room run smoothly and efficiently.

1. **BE ON TIME!** This is especially true when there is a high volume of athletes coming in and out of the training room. In most cases please try to arrive at least 30 minutes prior to practice. Exceptions will be made for students with classes that conflict with this schedule.
2. The training room is not an excuse for being late to practice. If an athlete arrives in the training room too late to receive treatment, the ATC and/or athletic training student will send them out to practice without treatment.
3. The athletic training staff has a posted schedule of designated treatment times. Athletes should be seen during these times or schedule a time with the ATC assigned to their team.
4. Please ask for help when entering the training room instead of helping yourself. There are an abundance of athletic training students available to help you. This will help the athletic training staff keep track of treatments.
5. The athletic training students are qualified to assess injuries. Remember that this is an educational experience for them. Please seek out the athletic training students assigned to your team. They will seek help from the ATC after they have assessed the injury.
6. Rehabilitation programs and treatment information is given for your benefit. Failure to complete a rehab program or attend a treatment session (including ice post game/practice) could result in your delayed return to the court/field. If you miss a scheduled treatment time, that information will be relayed to the head coach.
7. The ATC meets weekly with the coach and informs them of injury and treatment updates.
8. Decisions on whether or not an athlete will play/practice due to injury will be made by the athletic training student, ATC, and team physician, with input from the coaches.
9. Decisions to see Dr. Hunt are made by the ATC with input from the athletic training student and coach. Athletes should not ask to see Dr. Jones; his time is donated and limited.
10. If you are ill, please do not hesitate in visiting the Health Center for treatment. **DO NOT** let the Health Center delay treatment by having you wait and see Dr. Hunt during his regular visit to campus each week. Delayed care is not appropriate.
11. When taking ice baths, appropriate attire includes shirts and shorts or one-piece bathing suit. No sport bras please. Individual ice baths should be male or female and not Co-Ed.

12. No horseplay in the training room, specifically the hydrotherapy room.
13. Use of modalities is determined by the athletic training students and ATC, not the athlete or coach.
14. Medication dispersment, ibuprofen and Tylenol, is done by the ATC ONLY under the direction of the team physician. Athletic training students are not allowed to hand out this medication.
15. Please do not use the training room as a place to socialize. If you do not need treatment or if you have already received treatment please leave the training room.
16. Do not remove items such as heat packs, towels, or coolers without first speaking to an athletic training student or an ATC.

I LEARNED THAT THE ONLY WAY YOU ARE GOING TO GET ANYWHERE IN LIFE IS TO WORK HARD AT IT. WHETHER YOU'RE A MUSICIAN, A WRITER, AN ATHLETE OR A BUSINESSMAN, THERE IS NO GETTING AROUND IT. IF YOU DO, YOU'LL WIN—IF YOU DON'T YOU WON'T.

Bruce Jenner, Decathlon—Olympic Gold Medalist

BEHAVIORAL EXPECTATIONS

The Indiana Wesleyan University Department of Athletics desires its athletes to be models of the highest ideals of behavior for our college community. Certain university regulations such as the non-use of tobacco in any form, abstinence from the use of alcohol or any non-prescription drug, and chapel attendance will be enforced without prejudice or discrimination either for or against a student athlete.

Other behavioral expectations for student-athletes include the following:

1. Athletes should be in chapel and refrain from unnecessary talking and not make distractions during the services.
2. Profanity of any form or disregard for individuals which result in name calling and offensive expletives have no place in IWU athletics.
3. Class attendance is expected at all times except when missed due to athletic travel or a scheduled home contest. Excessive cutting of class will not be tolerated and could result in suspension or other disciplinary action. YOU are responsible for notifying a professor at least one week in advance when you know you will miss a class due to a scheduled contest. Your coach will provide you with Courtesy Cards for your Professors. Make arrangements to make-up any missed class work. Practices, scrimmages, or any off-season athletic events are not valid reasons for missing classes.
4. You are expected to attend every practice, on time, unless you have a class or are ill. Notify the coach prior to practice time if you cannot attend.
5. Participation and membership on a Wildcat team includes accepting the responsibility of striving hard to represent IWU in a manner which will cast the best reflections on the university. You represent IWU and your team at all times. Be neat, be courteous, show respect for others, and demonstrate a high degree of sportsmanlike conduct. Any behavior exhibiting racial, ethnic, religious, or sexual harassment is absolutely prohibited.
6. All athletes are expected to comply with all policies and regulations set forth for all students in the Indiana Wesleyan University Student Handbook.
7. The dress code as set forth by each coach needs to be followed as we collectively have the best interests of Indiana Wesleyan University at heart.
8. Male athletes are not to wear earrings when they are representing the University Athletic Department.
9. Body tattoo's are to be covered and not visible during any intercollegiate athletic event.
10. Look Sharp, Feel Sharp, Be Sharp!